

There are two New Testament Greek words which are translated "repentance" in modern English translations: *metanoia* (including its verbal counterpart *metanoeo*) and *metamelomai*. The first term is translated as "repentance" fifty-eight times in the New Testament, the latter only six times.

"REPENT" appears 58 times from:

"METANOIA" (24 times)

"METANOEEO" (34 times)

"REPENT" appears 6 times from:

"METAMELOMAI," which means "to regret or to care after"

(Matthew 21:29,32; 27:3; II Corinthians 7:8 [occurs twice]; Hebrews 7:21)

You will find that the Bible verses using *metamelomai* are in more negative tone. The Greek word for repent is "*metanoia*" which means "a change of mind" and it **has nothing at all to do with** turning from sins. When Christ told people to repent, He was telling them to "change their minds" about what they were currently believing in (works of the law) to get them into heaven and to instead trust in Him alone to get them into heaven.